

Around the fortress

The landscape was then, as now, strongly characterized by agriculture, although there was probably extensive shrubland and woodland in meadows and bogs which were removed for use in the building process. The waterways followed the same routes as now, but closer to the coast the landscape was much different from that of today.

The fortress, however, was not alone in the area. It was situated between villages. These probably provided food and other necessities for the garrison. The food consisted mostly of cooked and fried meat but also of bread and vegetables.

If some 500 people lived at the fortress, their annual consumption of food would have been about 125 tons of meat, 180 tons of grain and 55 tons of vegetables. Furthermore clothing, iron, firewood, hides, rope and many other provisions would have been required.